



Henderson County Health Department Community Awareness

Henderson County Health Department would like to ask Henderson County residents to follow their Facebook page for updates on goings on at the Health Department, including community events, vaccination clinics throughout the county, and services that the Health Department offers. Additionally, HCHD has started a YouTube channel where they intend to highlight different aspects of what they provide to the community.

HCHD will publish a newsletter periodically to keep the community updated on health events in Henderson County (of which you are currently reading the first issue). HCHD intends to make these publications available physically at the Health Department in Gladstone, as well as at the Henderson County Public Library in Biggsville, the Strom Center in Oquawka, and the Stronghurst Senior Center.

HCHD hopes this will serve to keep our community up to date on health information and events.

If you wish to be added to the emailing list for the Henderson County Health Department Newsletter, please email your request to kevin.titus@hendcohealth.com

HCHD Senior Holiday Meal

Henderson County Health Department will be hosting a holiday meal on Wednesday, Dec. 13th. Any senior who wants to can sign up before Dec. 11 at HCHD in Gladstone or call 309-627-2812 for a 11:15 a.m. or 12:15 p.m. time slot. HCHD also asks for a donation to help cover costs of the event.



Henderson County Health Department seeks Blood Donors

HCHD is preparing for an upcoming Blood Drive with ImpactLife. Approximately 29,000 units of red blood cells are needed every day in the United States and every donation serves to save lives. There is a critical need for Type-O Blood, as well as B-.

For HCHD and ImpactLife to set a firm date for the event, HCHD needs to have 15-20 preregistered donors. HCHD currently has 9 donors preregistered. If you would like to donate, as well as make your preferred time of donation known, email kevin.titus@hendcohealth.com with your name, phone number, and preferred timeframe.

Upcoming Events:

Event	Date and Time	Location
Influenza/COVID-19 Vaccine Clinic	Every Wednesday, 8-9a.m.	Henderson County Health Department
Fit and Strong! Fitness for Older Adults Group	Monday, Wednesday, and Friday, 8-9a.m.	Henderson County Health Department
Eagle View Recharge Teen Center Quarter Auction	Friday, Dec. 8, 7p.m.	Meks on Main in Monmouth
HCHD Holiday Meal	Wednesday, Dec 13, 11a.m.-12:30 p.m.	Henderson County Health Department

HCHD Celebrates Home Health and Hospice Month

November was Home Health and Hospice Month, a time for celebrating the nurses, home care aides, therapists, and social workers that work everyday to make a difference in the health and wellbeing of their patients and their families.

Medicare pays nearly \$2,000 per day for a typical hospital stay and \$450 per day for a typical nursing home stay. Meanwhile, home care costs less than \$100 a day and helps many U.S. seniors remain independent at home, enrich their lives, and keep in touch with those they love.

At HCHD, we have both a Home Health and a Hospice program to provide assistance for those who want to continue living in their own home or diagnosed with a terminal illness. We would like to thank our nurses, aides, and others who make these programs possible.

Follow us on Facebook!

facebook.com/hendcohealth



Assistance for People Living with Disabilities

December 3rd is International Day of Persons with Disabilities. To commemorate, HCHD would like to remind the community that HCHD offers assistive devices, such as walkers, wheelchairs, canes, sock and shoe aids, and rollators for those in need of them at no cost.

To request any of these assistive devices, call: 309-627-2812



HCHD Volunteer Opportunities

Henderson County Health Department is always in need of volunteers to help support the programs that assist our community. Volunteer opportunities include: hospice, transportation, Medical Reserve Corps, monthly newsletter, or monthly bulletin board. To volunteer, drop in to HCHD or call at (309) 627-2812. HCHD values our volunteers. Thank you.

Weekly Vaccination Clinic

Henderson County Health Department is hosting vaccination clinics every Wednesday from 8-9a.m. HCHD will provide influenza vaccines for \$37. With Medicare, this cost will be entirely covered with no cost to the recipient. Eagle View Community Health Systems will also be at the clinic providing COVID-19 vaccinations. If you are not available during the time of the clinics, HCHD may be able to provide the influenza vaccine at another time upon request.

Contact Information:

Phone: (309)-627-2812

Fax: (309) 627-2305

208 West Elm Street,

P. O. Box 220,

Gladstone IL 61437

Business Hours:

Monday – Thursday
8:00 a.m. – 4:00 p.m.

Friday

8:00a.m. - Noon