



**HCHD Employee Highlight: Janet Damewood**

Janet Damewood is a Home Health and Hospice nurse and the WIC (Women, Infants, and Children) Coordinator at HCHD. She started working as a Home Health and Hospice nurse in March 2021, during the COVID-19 pandemic. The WIC program assists families from pregnancy to 5 years old.

Janet is grateful to be able to assist so many pregnant, postpartum, and breastfeeding women and their young children. She has been the WIC coordinator since October 2022 and has received numerous trainings, including Certified Lactation Specialist, Pediatric Nurse Examiner, Designated Breastfeeding Expert, Breastfeeding Peer Counseling, and Family Case Management. Janet finds sharing her expertise with local families and seeing mothers and young children thrive incredibly rewarding. Janet is proud that she has led HCHD's WIC program in serving 110-140% of the assigned case load. On average, the WIC program at HCHD assists 102-115 women and children, encompassing 50-70 families throughout Henderson County.

In her off-time, Janet loves spending time with her family, especially having quality time to share with her grandchildren. She also assists her elderly mother by driving her places and helping her get groceries.

HCHD is proud to have an employee as committed as Janet.

**ROE SummerFEST**

On July 24th, at the Henderson County Fairgrounds, the Regional Office of Education will be hosting Summerfest from 5p.m. to 7p.m. The event will feature music, food, and activities to help Families Enjoy Summer Together. Numerous agencies will have booths at SummerFEST including the Henderson County Health Department. Bring the kids for some summer fun.



**The Henderson County Fair**

The Henderson County Fair will run from July 22-28. 4-H livestock events will be mornings starting at 9a.m., with Wednesday (7/24) being goats and sheep, cattle on Thursday (7/25), and rabbits and poultry on Friday (7/26).

Wednesday (7/24) night 5-9p.m. is Family Night with Capture the Flag Color War, Kiddie Pedal Pull, and Zipline Rides. On Thursday (7/25), there will be a Casey Donahew concert starting at 7:30p.m. Friday (7/26) at 7p.m. will have Skid Steer Obstacle Course, Adult Pedal Pull, Farmhand Competition, Darts and Baggo Tournament. Saturday (7/27) will have Mud Volleyball and a Stuffed Animal Show at 10a.m. Saturday (7/27) will also have Kids Power Wheels at 5:20p.m. followed by a Figure 8 Race at 5:30p.m.

**Upcoming Events:**

Event	Date and Time	Location
Stronghurst Farmers Market	July 1st, 15th, and 29th, 5-7p.m.	Broadway Street, Stronghurst
Bingo Event	July 3rd, 17th, and 31st 1-3p.m.	Henderson County Health Department
Raritan Bank Cookout	July 19th, 11a.m. – 1p.m.	Raritan State Bank in Raritan
Henderson County Fair	July 22-28, Morning events at 9a.m.	Henderson County Fairgrounds
ROE SummerFEST	July 24th, 5-7p.m.	Henderson County Fairground

## Vector Control

A vector is a potential carrier of a disease. Common vectors include bloodsucking insects (mosquitos, ticks, etc.), birds, and rodents. Vector control works to keep people healthy by decreasing human contact with vectors. Controlling the population of potential vectors can keep you and the community safe from communicable diseases. Blood-sucking insects can carry various diseases. Ticks can be submitted to HCHD. Pets should be protected from fleas and ticks by repellent treatments or collars. Mosquitos breed in open, still water. People should avoid letting water sit in buckets or uncleaned pools for long periods of time. Empty and refresh bird baths and pet water dishes at least once a week. Dead birds can be an early indicator of certain diseases in an area, such as bird flu or West Nile virus. Avoid contact with dead birds and report them to: 1-866-536-7593

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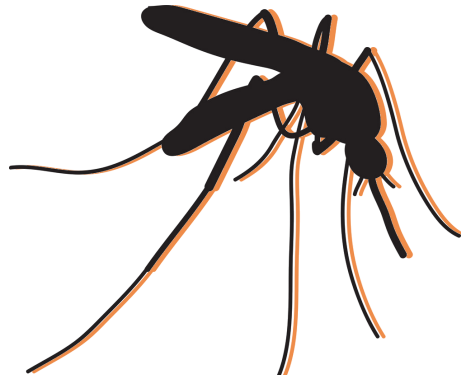


## Visit our website!

[hendcohealth.com](http://hendcohealth.com)

## HCHD Volunteer Opportunities

The Henderson County Health Department is always in need of volunteers to help support the programs that assist our community. Volunteer opportunities include: hospice, transportation, food pantry, Medical Reserve Corps, monthly newsletter, or monthly bulletin board. To volunteer, drop-in to HCHD or call (309) 627-2812. HCHD values our volunteers. Thank you.



FILE OF LIFE	
<small>EMERGENCY PREPAREDNESS</small> <small>TRIAD</small> <small>SUPPORT/PROTECTIVE SERVICES</small>	
Name:	_____
Address:	_____
Doctor:	Phone#: _____
<b>EMERGENCY CONTACTS</b>	
Name:	Phone#: _____
Address:	_____
Name:	Phone#: _____
Address:	_____

## Contact Information:

Phone: (309)-627-2812  
 Fax: (309) 627-2305  
 208 West Elm Street,  
 P. O. Box 220,  
 Gladstone IL 61437

## Henderson County Triad Group

The Henderson County Triad Group consists of local police working with area seniors in order to educate and inform seniors about health and safety topics that are relevant to older adults. The Triad module is used in over 800 counties dating all the way back to 1988. The Henderson County Triad Group will be providing classes on topics to keep seniors safe, such as recognizing scams and keeping patients safe in their homes. The Henderson County Triad Group has been focusing on encouraging seniors to make use of the File of Life. The File of Life is a card that contains vital health information that EMTs would need in the case of an emergency, such as your name, emergency medical contacts, other vital information, medications, dosages, allergies, recent surgeries, religion, doctor's name and a health care proxy. Triad will be at various community events to answer questions, including Raritan Bank Cookout (7/19, 11a.m.-1p.m.), and the Henderson County Fair (morning of 7/23).

## Business Hours:

Monday – Thursday:  
 8:00 a.m. – 4:00 p.m.

Friday:

8:00a.m. - Noon

Holiday Closures:

HCHD will be closed on July 4th for Independence Day.