



HENDERSON COUNTY

HEALTH NEWSLETTER

DEPARTMENT Issue 20 : July 2025

ROE SummerFEST

On Wednesday, July 23rd, the Regional Office of Education will be hosting SummerFEST from 5p.m. to 7p.m. The **FREE** Fun Family Event will take place at the Henderson County Fairgrounds. The event will feature music, free food voucher, prizes, gifts, bounce house and other activities to help Families Enjoy the Summer Together. Numerous agencies will have booths and activities at SummerFEST. Henderson County Health Department will be there. **There will be no gate charge on Wednesday.** Bring the kids for some summer fun.

Henderson County Fair July 20– July 26

July 20 4PM Fair Queen Pageant at WC Middle School

July 21– JR Project Judging & 4-H Conference Judging, Rabbit & Poultry Show, Livestock Weigh-In

July 22- Swine Show & Open General Project Judging, Horse Show, Fish Fry, Adult/Kid Pedal Pull, Donkey Basketball

July 23-Capture the Flag Color War, Kiddie Pedal Pull, Zipline Rides, ROE's SummerFEST

July 24-Cattle Show, Jr. Exhibitor Auction- Bounce Houses, Skid Steer Competition, Kickball Tournament

July 25 -Concerts-Tyler Farr, Jake & Mikayla, Head First,

July 26- Pancake Breakfast, Car Cruise, Stuffed Animal Show, Hay Scramble, Figure 8 Race.

www.hendersoncofair.com/

HCHD to Offer

FREE CPR & AED Classes



The Henderson County Health Department is pleased to announce that OSF HealthCare staff will provide **Heartsaver** CPR and AED training at the Henderson County Health Department on Monday, **July 14, 2025**, from **1:00 to 4:00 p.m.** Ages 16 years through Adults are invited to attend. Student workbooks will be provided for each participant. Attendees will also receive their certified course card after completion via email. There is no cost to attend this training.

Preregistration is needed by Friday, July 11th and can be done by calling 309-627-2812, ext. 240 or in person at the health department.

NO CHILD CARE is available.

No one under 16 years of age will be able to attend.



My Kid Ate WHAT???

Glowsticks

A mouthful or less of glow stick liquid may cause minor mouth or throat irritation, and possibly some minor skin irritation and redness. If your child is not having symptoms, give them a few sips of water and watch for vomiting. If your child begins vomiting, develops sores or blisters on their skin call, Illinois Poison Control immediately ! **800 222 1222**

Eye Exposure

Glow stick liquid may cause irritation if exposed to eyes. If your child got glow stick liquid in their eyes, rinse by pouring clean, lukewarm water across the affected eyes for 15 minutes.

Vaping Products

Vaping products contain nicotine. Nicotine is the toxic ingredient in vaping products. Swallowing small amounts can be managed at home with IPC's help, but swallowing large amounts can be life-threatening. Always store products up, and out of sight of kids. Some nicotine products may smell yummy which could tempt children to touch or taste them.

Children that swallow anything containing nicotine, can exhibit vomiting, sweating, drowsiness, tiredness, shaking, confusion, seizures and even death. Use caution when refilling nicotine liquids. Wash your hands with soap and water. Clean up any spills. If your child develops any symptoms, or has chewed or swallowed anything containing nicotine call :

Illinois Poison Control

1-800-222-1222.

Do You Have Trouble Hearing on Your Phone?

On behalf of Illinois companies, Illinois Telecommunications Access Corporation - ITAC -has been serving people with hearing loss for over 30 years. Illinois law requires that free equipment be available for residents who are unable to use the standard phone system. People are qualified for free equipment if they are hard of hearing, deaf, Deaf-Blind, speech disabled, or late defendend-became hard of hearing after birth.

**All "ITAC" Equipment is
FREE**

Equipment includes:

Cell Phone Amplifiers
Amplified Phones
Captioned Phones
Electrolarynx
TTY an More

Requirements:

- *Residents of Illinois
- *Active home or cell service
- *Unable to use standard phones

To sign up for services call:
Stone-Hayes
Center for Independent Living
309 344 1306
or
www.itactty.org/apply/hard-hearing

Serving Henderson Warren &
Knox Counties

Temporary Food Applications

Anyone hosting a public food event that is not part of a permanent eating establishment should apply for and receive a temporary food vendor's license at least two weeks before the event. These licenses ensure vendors are trained in food safety to prevent foodborne illnesses. There is no fee for a temporary food certificate for Not for Profit Groups when a tax-exempt number is included on the application.

For more details call HCHD at
309-627-2812 ext.244

Contact Information:

Phone: (309) 627-2812

Fax: (309) 627-2305

**208 West Elm Street,
Gladstone, IL 61437**

**P. O. Box 220,
Gladstone IL 61437**

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**Visit our website!
hendcohealth.com**

Business Hours:

**Monday – Thursday:
8:00 a.m. – 4:00 p.m.
Friday: 8:00a.m. - Noon**

Event	Time & Date	Location
Free CPR & AED Classe Registration Required	Monday July 14, 2025 1:00-4:00	Henderson County Health Department Gym
Regional Office of Education Summerfest Free Family Event	Wednesday July 23rd 5pm to 7pm	Henderson County Fair Grounds Stronghurst
Free Bingo	1:00 to 3:00 Wednesday July 7th , 16th & 30th	Henderson County Health Department
Low Impact Exercise (FREE) No registration required	Mon-Wed-Fri 8:00am-9:00am	Henderson County Health Department
Fit and Strong! Exercise Class (Free) No registration required	Mon-Wed-Fri 9:30 am to 10:30 am	Stronghurst Senior Center Broadway Street
Oquawka Farmers Market	Saturday-July 12 9am to Noon	Indian Park Oquawka
Stronghurst Farmers Market	Monday Evenings July 7 & 21 5:00 pm to 7:00 pm	Broadway Street Stronghurst